

# Controlling a Sepsis Simulation with PILCO, a Model-learning Controller

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# Outline

- What is sepsis?
- Cytokine mediation
- Agent-based modeling
- PILCO
- Results
- Conclusions and Future Work

Apply PILCO to control an agent-based model of sepsis

# What is sepsis?

- A harder question than it sounds
  - A “life-threatening organ dysfunction due to a dysregulated host response to infection” [1].
  - Traditionally thought of as over-inflammation [2], but this has changed.
- Statistics are difficult to pin down, but:
  - affects roughly 2% of hospital inpatients [4];
  - results in in-hospital mortality of approximately 10% [1, 4]; and
  - costs the US healthcare system approximately \$20 billion annually [1].
- Current treatment is largely supportive.

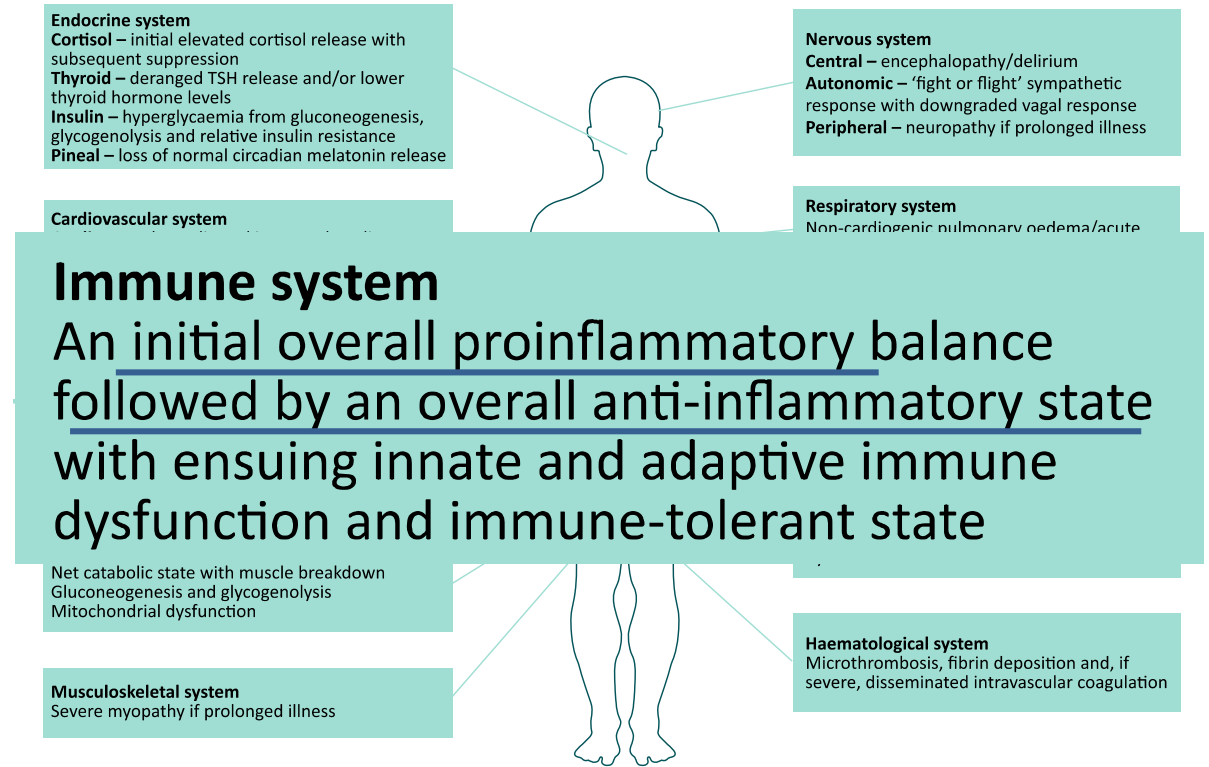
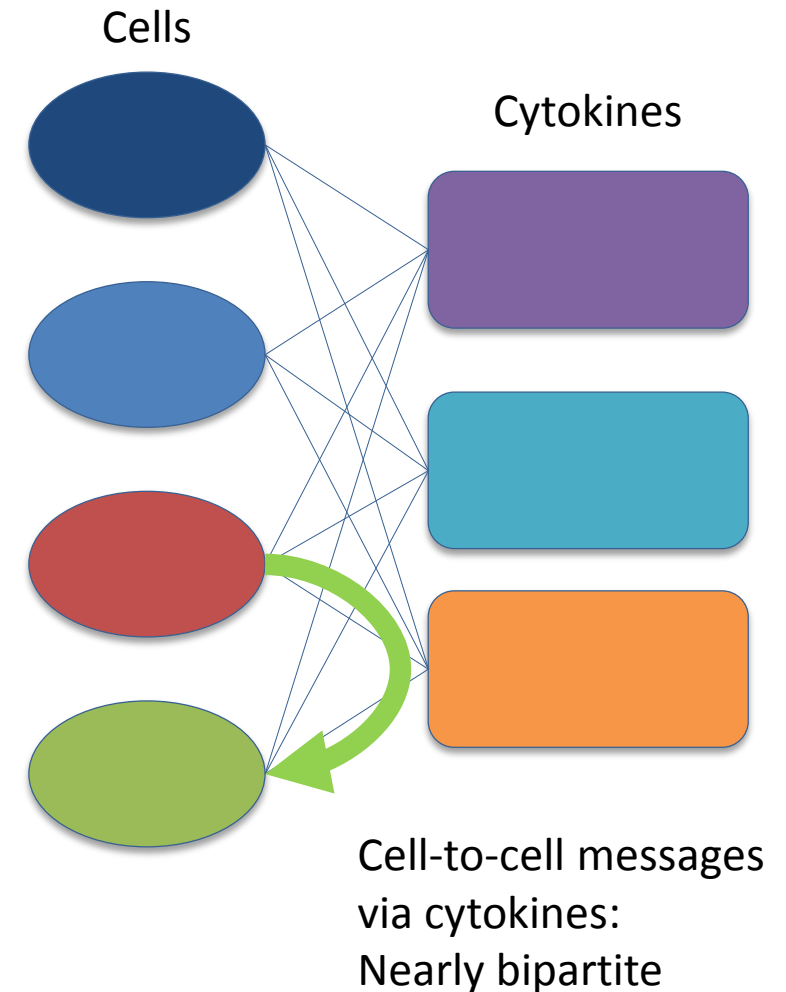


Fig 1. Effects of sepsis by organ system. TSH = thyroid-stimulating hormone

Figure reproduced from [3]

# Cytokine Mediation

- Cytokines are key players in the immune response
  - Signaling molecules that provide main interface between cells in immune response
- Can we modulate the cytokines to mitigate sepsis?
  - Previous efforts to treat sepsis via cytokine mediation have failed
- Hypothesis:
  - **Cytokine mediation requires a more sophisticated control strategy**



# Agent-based Modeling

- System is modeled as a collection of “agents” that follow designer-specified rules, yielding emergent behavior
  - Rules can include switching, other behaviors not implementable in DEs
- Simple examples:
  - Particles in a box, following laws of Newtonian Physics → ideal gas model
  - Rabbits and grass
    - Rabbits move to seek grass, eat grass, seek other rabbits, reproduce
    - Grass replicates itself
    - → 2-state population dynamics

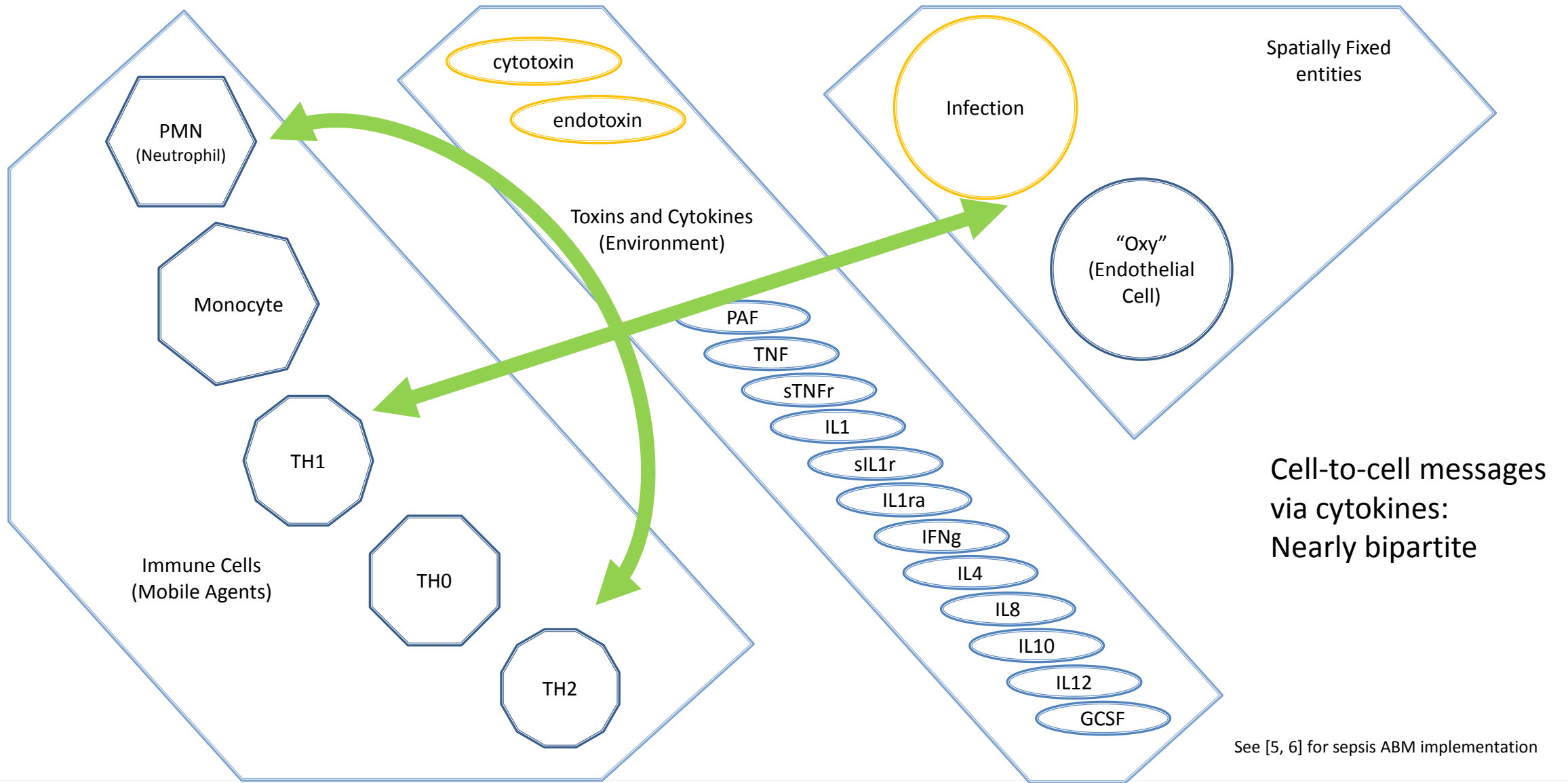
Immune  
Cells

Damage

```
class Agent():
    def step():
        #modify self, environment, other agents
        self.posnew = self.pos + self.v
        if self.posnew through wall:
            self.posnew, self.v=
                wallreflect(self.pos, self.v)
            self.pos = self.posnew
        ...
T = 100; t = 0; agents = [...]; done = False
while not done:
    for agent in agents:
        agent.step() #could set done = True
    t = t + 1
    if t > T:
        done = True
```



# Sepsis ABM



# PILCO

## Probabilistic Inference for Learning COntrol

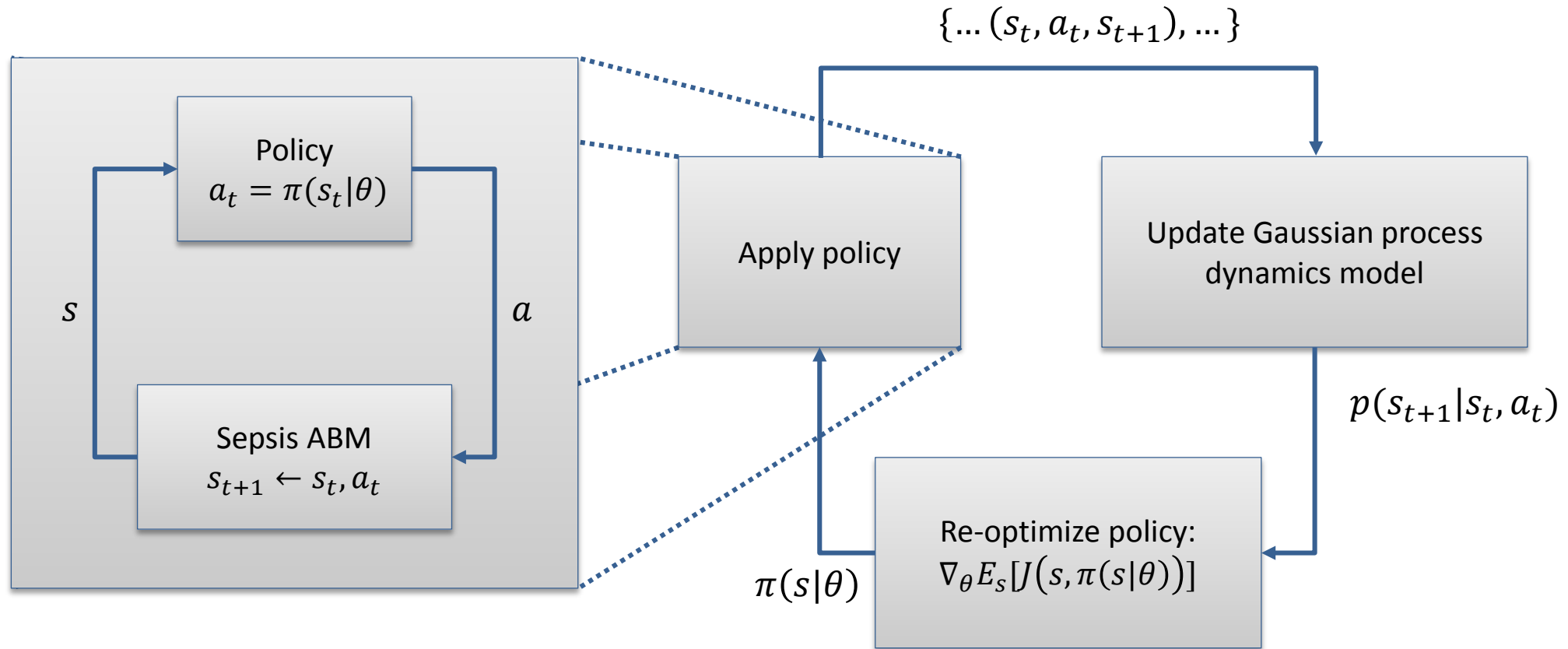
- Developed by M. Deisenroth, now of Imperial College London, under Carl Rasmussen (Cambridge) [7]
- Traditional control theory:
  - Use first-principles models of a system's dynamics
  - Control policy: observes system and emits control actions
  - Optimize policy with respect to a cost function on the system's behavior
  - Doesn't work if you don't have a system model
- Key PILCO ideas:
  - Learn a data-driven probabilistic model of the system's transitions  $s_t, a_t \rightarrow s_{t+1}$
  - Closed-form approximate gradients of expected cost  $J$  with respect to the policy parameters  $\theta$ .

PILCO models the state transition dynamics as a Gaussian process

# PILCO

## Probabilistic Inference for Learning COntrol

- Assume there is learnable structure in the system dynamics



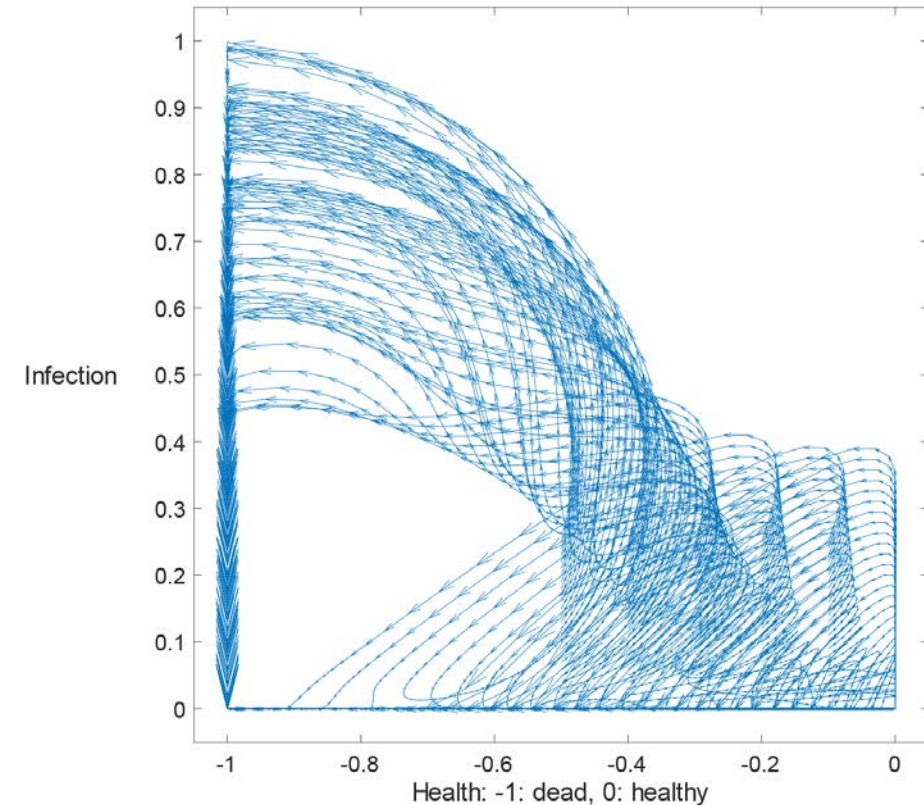


- $s_{t+1} = s_t + f(s_t, a_t) + \omega, \quad f \sim GP(0, k_{SE}(s, s')), \omega \sim N(0, \Sigma_n)$
- $a_t = \pi(s_t | \theta) = a_{max} \sigma \left( \sum_{i=1}^n \alpha_i \exp(-\frac{1}{2} (s_t - m_i)' \Lambda^{-1} (s_t - m_i)) \right)$
- $\theta = \{\alpha_1, m_1, \dots, \alpha_n, m_n, \Lambda^{-1}\}$
- Update  $\theta$  by gradient descent on the approximate expected cost  $J(\theta)$ .
$$C(s) = 1 - \exp(-1/2 (s - g)' Q (s - g))$$
$$J(\theta) = E_{p(s_{t+1} | s_t, \pi(s_t | \theta)), p(s_0)} [\sum_{t=1}^T C(s_t)]$$
- Passing uncertain  $p(s_t | s_{t-1}, a_{t-1})$  through GP  $f$  results in non-Gaussian  $p(s_{t+1} | s_t, a_t)$ ; repeated Gaussian approximations by moment matching.

# Experiment 1

## PILCO applied to a simplified sepsis model

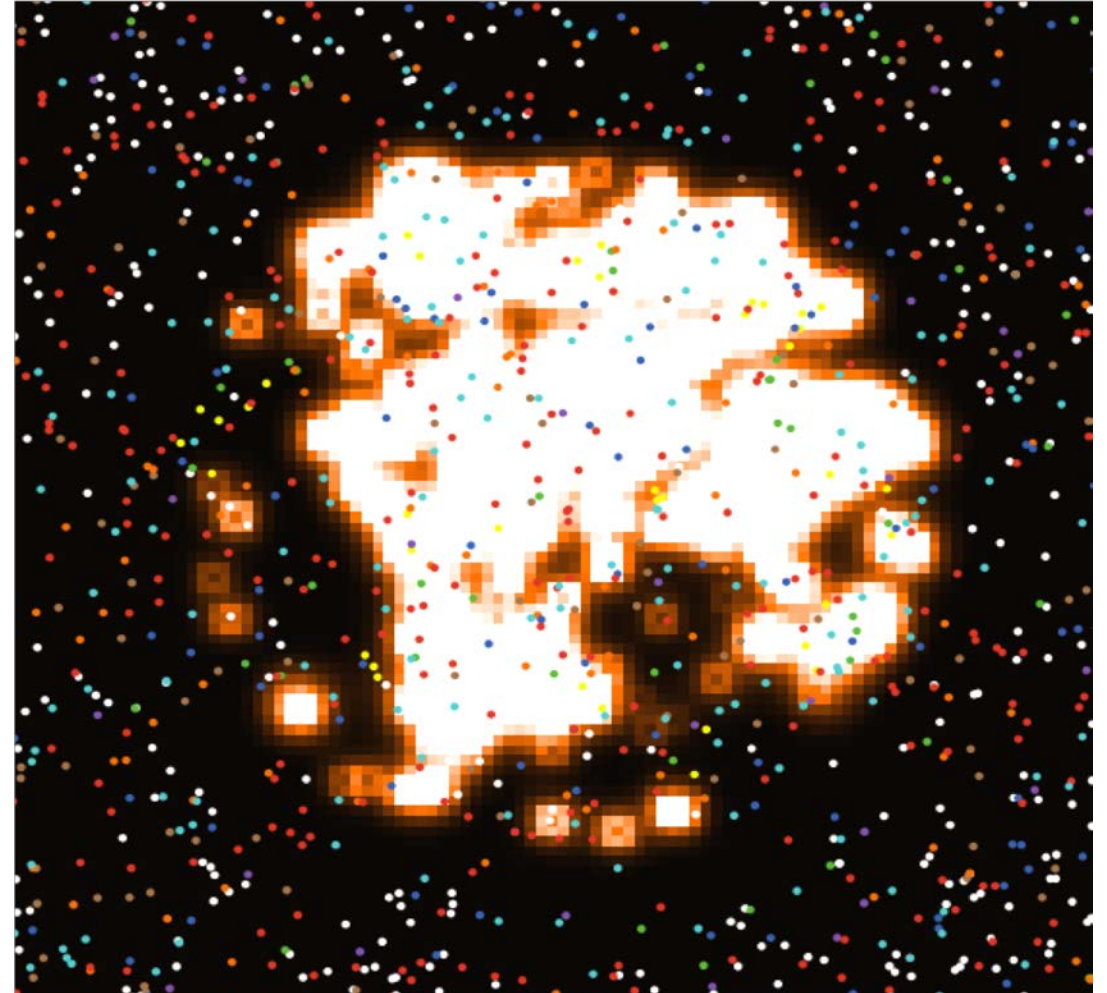
- Fully deterministic 5-state, nonlinear dynamical system with one control
  - Hand tuned:
    - If no infection and small health damage, slowly recovers
    - If any infection, it begins to grow
    - Small region of stability around the goal state (full health, zero infection; lower right) results: ~45 of 156 selected initial conditions “saved”
- Results:
  - Linear optimal identification and control “save” 85
  - PILCO-designed controllers “save” up to 147



# Experiment 2

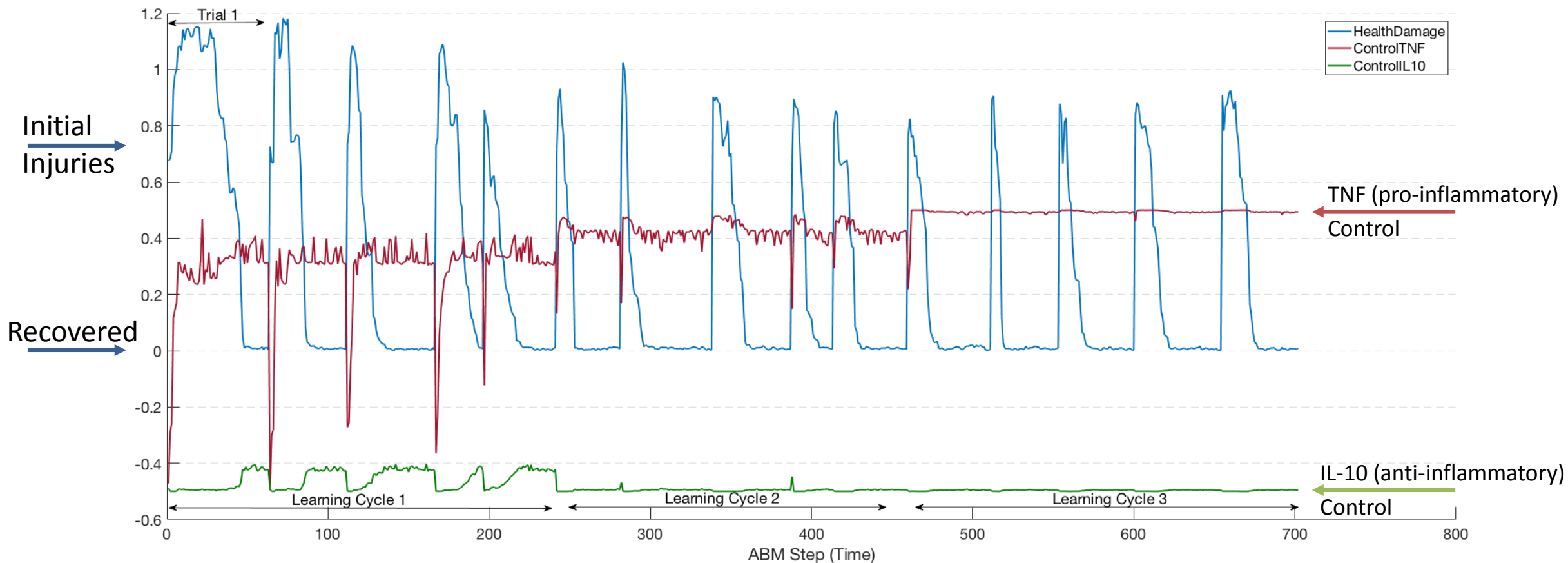
## PILCO applied to the sepsis ABM

- Stochastic, 101x101 grid 6 cell types (agents), 12+ cytokines and diffusible chemicals; 12 controls.
- For PILCO:
  - $s_t$  represented as a spatial average of health state, infection, 3 diffusible molecules, one cell count.
  - Controls: one pro-inflammatory cytokine, and one anti-inflammatory
  - PILCO finds a policy that saves 2471/2500 randomly selected patients from a cohort with approximately 50% mortality in the absence of control.



# Experiment 2

## PILCO applied to the sepsis ABM



PILCO finds a simple *pro-inflammatory* policy that is effective for many virtual patients

# Conclusions (?) and Future Work

What does a counter-intuitive policy tell you?

- Historically, sepsis has been viewed as a hyper-inflammatory disorder, and so decreasing inflammatory cytokines and increasing anti-inflammatory cytokines seems logical.
- The highly-effective policy found with PILCO is *pro*-inflammatory.
- Finding counter-intuitive policies is the designed intention of the project and a major advantage of simulation
- Is the model “wrong?”
  - State of knowledge embodied by the ABM not valid for the states encountered in simulation?
  - Also applying PILCO and DRL to other versions of the model
  - The other wing of this project is trying to calibrate the model to experimental data
- Are the model and policy “right” and it just hasn’t been tried?
  - Testable in animal models

# References

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